

**RUNNER'S CHOICE  
PRESENTS  
"RUN FOR HOPE  
TURKEY TROT"**



**DATE:** SATURDAY, NOVEMBER 24, 2011

**TIME:** 8:00 a.m. – Start of 1-mile FUN RUN  
5K to follow

Race day registration & number pickup begins at 7:00 a.m.

**PLACE:** Terrabella Village  
100 Terrabella Blvd. Covington, La.

**ENTRY FEES:** (checks payable to: Run for Hope)  
Pre-Registration: must be post-marked by November 11, 2011  
\$ 10.00 Pre-registered Youth (age 16 & under)  
\$ 15.00 All entrants (age 17 & over)  
\$ 45.00 Maximum per family (entrants from same household)

**Race Day Registration:**  
\$ 15.00 Youth entrants (age 16 & under)  
\$ 20.00 All entrants (age 17 & over)  
\$ 15.00 All entrants (age 17 & over) no T-shirt  
\$ 50.00 Maximum per family (entrants from same household)

**PRE-REGISTRATION:** (must be post marked by 11/11/11)  
Register in person at Runner's Choice or send form and check :  
(payable to Run for Hope) to:  
Runners Choice  
4700 Hwy 22 STE 3  
Mandeville, LA 70471

**SPECIAL  
THANKS  
TO OUR RACE  
SPONSORS: THE LOMBARDO FAMILY**



AND

**Join Us and Help Keep the "HOPE" Alive!**

**Saturday, November 24, 2011  
1 mile and 5K Fun Runs**

**T-SHIRTS: Commemorative LONG SLEEVE T-SHIRTS**  
T-shirts will be given out to all pre-registered entrants on the day of the race. Entrants registered after November 11th, are not guaranteed sizes and may have to pick up shirt two weeks after race should shirts run out. (Pick up location to be announced)

**AWARDS:**  
**1 Mile:** Overall Male and Female; 1<sup>st</sup>, 2<sup>nd</sup> place in age groups 5-under, 6-7, 8-9, 10-11, 12-13, 14-16 (male & female).

**AWARDS:**  
**5K:** Overall Male & Female; Master (40 & over) Male & Female; Overall Race Walker Male & Female and 1<sup>st</sup>, 2<sup>nd</sup> Place in age groups 16 & under thru 65 & Over (male & female)

**POST RACE FESTIVITIES:**  
Post race refreshments, including local food, beverages and entertainment will be available to all registered participants.

**Proceeds from the Race support  
MD Anderson Cancer Support Foundation**

**FOR RACE INFORMATION CALL:**  
Mike Dugger : 985.845-1948  
Elaine Lombardo: 504-715-2768  
Mark Lombardo: 985-966-0659

**DETACH BOTTOM PORTION AND RETURN WITH PAYMENT**

<input type="checkbox"/> \$10.00 Youth (16-under) registered by Nov. 11th	<input type="checkbox"/> \$ 45.00 Family Max Registered by Nov. 11th	Race Number	
<input type="checkbox"/> \$15.00 Youth entrants registered after Nov. 11th			
<input type="checkbox"/> \$15.00 All entrants (17+) registered by Nov. 11th	<input type="checkbox"/> \$ 50.00 Family Max Registered after Nov. 11th		
<input type="checkbox"/> \$20.00 All entrants (17+) registered after Nov. 11th			
<input type="checkbox"/> \$15.00 Race Day No T-shirt entry.			

**Checks (payable to Run for Hope) Send to:**  
Runner's Choice 4700 Hwy 22 Ste. 3 Mandeville, LA 70471  
**PLEASE PRINT CLEARLY:**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_  
Shirt Size: YS YM YL S M L XL XXL Email Address \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event including but not limited to fall, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in considerations of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Lombardo Family and Runner's Choice and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the forgoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
Signature of Parent or Guardian if entrant is under 18. \_\_\_\_\_ Date \_\_\_\_\_