



Runner's Choice, KidSense and
Mandeville Seafood Association

Present

FireCracker Fun Run

1 mile fun run and 5K run/walk

Mandeville Seafood Festival

Benefiting KidSense & Other Local
Charities



DATE: Friday, July 3, 2009
TIME: 7:30 a.m. – Start 1 Mile Fun Run (5K to follow)
Race day registration & number pickup begins at 6:30 am
PLACE : Fontainebleau State Park, Mandeville, La.

ENTRY FEES: (checks payable to: Mandeville Seafood Fest)
Pre-Registration: must be post-marked by June 26, 2009
\$ 10.00 Pre-registered Youth (age 16 & under)
\$ 15.00 All entrants (age 17 & over)
\$ 45.00 Maximum per family (entrants from same household)

Race Day Registration:
\$ 15.00 Youth entrants (age 16 & under)
\$ 20.00 All entrants (age 17 & over)
\$ 55.00 Maximum per family (entrants from same household)
\$ 15.00 Race day only (no t-shirt)

ONLINE REGISTRATION: <http://www.seafoodfest.com>

PRE-REGISTRATION BY MAIL: (must be post marked by 6/26/09)
Payable by check only to: Mandeville Seafood Fest
C/O Runner's Choice
4700 Hwy 22 Ste. 3,
Mandeville, La. 70471

COMMEMORATIVE TECHNICAL ADIDAS MOISTURE WICKING T-SHIRT:

"Special Technical Fabric" t-shirt, a \$25.00 or more retail value, will be given out the day of the run, prior to the start, to all pre-registered entrants. All entrants registered on the day of the run may pick up their t-shirt after the 5k run/walk. Entrants registered after June 26th may have to pick up their t-shirt two weeks after race should shirts run out. (Pick up location is Runner's Choice Hwy 22, Mandeville, La.).

AWARDS:
1 Mile: Overall Male & Female, 1st & 2nd place in age groups 5-under, 6-7, 8-9, 10-11, 12-13, 15-16 (Male/Female).

AWARDS:
5K: 1st and 2nd Overall (Male & Female), 1st & 2nd in age groups 16 & under, 17-19, 20-29, 30-39, 40-49, 50-59, 60 & over (Male & Female).
1st, 2nd 3rd, 4th, 5th Racewalker (Male and Female).

REFRESHMENTS:
Post race refreshments, including local food, bananas, soft drinks, water and beer will be available to all registered participants. Enjoy great music and children's games. Sit under the pavilion or bring a lawn chair and relax under the Oak Trees. Bring a swim suit and hit the beach. Stay and enjoy the Mandeville Seafood Festival (gates open shortly after awards ceremony).

For Race Information call: Mike Dugger (985) 630-5031
RUNNER'S CHOICE & CITY SOCCER 845-1948
Web: <http://www.runnerschoice.net>
E-MAIL Runnerschoice1@bellsouth.net

PRE-REGISTRATION IN-PERSON: (on or before 6/26/09)
Runner's Choice – 4700 Highway 22, Mandeville, 985.845.1948

DETACH BOTTON PORTION AND RETURN WITH PAYMENT

___ \$10.00 Youth (16-under) registered by Jun. 26th ___ \$ 45.00 Family Max Registered by Jun. 26th
___ \$15.00 All entrants registered by Jun. 26th
___ \$15.00 Youth (16-under)registered after Jun. 26th ___ \$ 55.00 Family Max Registered after Jun. 26th
___ \$20.00 All entrants registered after Jun. 26th
___ \$15.00 Race Day No T-Shirt.

Race Number

Official Use Only

Checks payable to: Mandeville Seafood Fest, c/o Runner's Choice 4700 Hwy 22 Ste. 3, Mandeville, La. 70471

All entry fees are non-refundable.

PLEASE PRINT CLEARLY:

Last Name	First Name	email address
Street Address/Apartment Number		City, State, Zip Code
Sex M	Sex F	Walker: <input type="checkbox"/> yes <input type="checkbox"/> no
Telephone Number	Date of Birth	Age

SHIRT SIZE: (CIRCLE) YOUTH – YS YM YL ADULT – S M L XL XXL

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event including but not limited to fall, contact with other participants, the effects of weather, including high heat and humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in considerations of your accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release the Mandeville Seafood Festival & Runner's Choice and all sponsors, their representatives and successors from all claims or liabilities any kind arising out of my participation in this event. I grant permission to all of the forgoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature	Date
Signature of Parent or Guardian if entrant is under 18.	Date

Receive \$10 off any shoes at Runner's Choice with top portion of form.