

**RUNNER'S CHOICE &
HEINER BRAU MICROBREWEY**

Present

**"The 2nd Annual Oktoberfest Run"
1 Mile Fun Run and 5K Run/Walk**

Benefiting



DATE: Saturday, October 17, 2009

TIME:

- 8:00 AM - Race day registration.
- 8:00 AM - Pickup number.
- 9:00 AM - Start 1 mile Fun Run; 5K race follows Fun Run.

PLACE: Covington Trailhead/Heiner Brau Microbrewery
226 E. Lockwood St.
Downtown Covington, LA

ENTRY FEES: (checks payable to: RUNNER'S CHOICE)

- Pre-Registration:** must be post-marked by October 10, 2009
- \$ 10.00 Pre-registered Youth (age 16 & under)
- \$ 15.00 All entrants (age 17 & over)
- \$ 45.00 Maximum per family (entrants from same household)

Race Day Registration:

- \$ 15.00 Youth entrants (age 16 & under)
- \$ 20.00 All entrants (age 17 & over)
- \$ 55.00 Maximum per family (entrants from same household)
- \$ 15.00 Race day only (no t-shirt)

PRE-REGISTRATION BY MAIL: (Must be post-marked by 10/10/09)
Payable by check only to: "Runner's Choice"
Hwy 22 Ste. 3, Mandeville, LA 70471

PRE-REGISTRATION IN-PERSON: (On or before 10/10/09)
Runner's Choice - 4700 Highway 22, Ste 3, Mandeville, 985.845.1948

PRE-REGISTRATION ON-LINE:
Visit <http://www.runnerschoice.net>;

T-SHIRTS: Will be given out to all pre-registered entrants on the day of the race. Entrants registered after October 10th are not guaranteed sizes and may have to pick up shirt two weeks after race should shirts run out. (Pick up location is Runner's Choice Hwy 22. Mandeville, La.)

AWARDS:

1 Mile: Overall (Male & Female). 1st and 2nd in age groups 5-under, 6-7, 8-9, 10-11, 12-13, 14-16 (Male and Female).

5K: 1st and 2nd Overall (Male & Female); Masters (40 and over) Male & Female); 1st and 2nd Male and Female in age groups 16 & under thru 65 & over. Race Walkers 1st, 2nd, 3rd, 4th, and 5th Male & Female.

REFRESHMENTS:

Post race refreshments provided by local restaurants including jambalaya soft drinks, water and Heiner Brau Beer. The Oktoberfest opens immediately following our race. There will be many fundraising activities and treats for the whole family.

For Race Information call: Mike Dugger (985) 630-5031
RUNNER'S CHOICE & CITY SOCCER 845-1948
E-MAIL Runnerschoice1@bellsouth.net

Checks only, please - payable to Runner's Choice
Volunteers call (985) 630-5031

DETACH BOTTOM PORTION AND RETURN WITH PAYMENT

<p>___ \$10.00 Youth (16-under) registered by October 10th</p> <p>___ \$15.00 All entrants (17 & over) registered by October 10th</p> <p>___ \$15.00 Youth (16-under) registered after October 10th</p> <p>___ \$20.00 All entrants registered after October 10th</p> <p>___ \$15.00 Race Day No T-shirt</p>	<p>___ \$ 45.00 Family Max Registered by October 10th</p> <p>___ \$ 55.00 Family Max Registered after October 10th.</p>
<div style="border: 1px dashed black; width: 150px; height: 40px; margin: 0 auto;"></div> <p style="text-align: center; margin: 0;">Official Use Only</p>	

Checks payable to: **Runner's Choice** 4700 Hwy 22 Ste. 3, Mandeville, La. 70471

All entry fees are non-refundable.

PLEASE PRINT CLEARLY:

Last Name _____	First Name _____	email address _____
Street Address/Apartment Number _____		City, State, Zip Code _____
Shirt Size:	Telephone Number _____	Walker: _____
S M L XL XXL	Date of Birth _____	yes no

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event including but not limited to fall, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in considerations of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Runner's Choice and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the forgoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature _____	Date _____
Signature of Parent or Guardian if entrant is under 18. _____	Date _____